What is claimed is:

1. A composition for enhancing the rate of mammalian skin exfoliation comprising from 0.05% to about 30% of a water-soluble Vitamin E derivative selected from the group consisting of Sodium Vitamin E Phosphate, Lauryl Imino Dipropionic Acid Tocopheryl Phosphate, Tocopheryl Glucoside, Tocopheryl Succinate, Tocophersolan (Tocopheryl Polyethylene Glycol 1000 Succinate), Vitamin E derivatives having beta-alanine functionality, Tocophereth-5,10,12,18, and 50, and mixtures thereof and a carrier comprising water, where the composition has a pH from about 4.5 to 9 and the water-soluble Vitamin E derivative is substantially in the water.

2. The composition of claim 1, where the water-soluble Vitamin E derivative is selected from the group consisting of Sodium Vitamin E Phosphate, Lauryl Imino Dipropionic Acid Tocopheryl Phosphate, Vitamin E derivatives having beta-alanine functionality, and mixtures thereof.

3. The composition of claim 1, where the composition does not comprise squalene or squalane.

4. The composition of claim 1, where the water-soluble Vitamin E derivative includes a Sodium Vitamin E Phosphate.

5. The composition of claim 1, where the water-soluble Vitamin E derivative includes a Disodium Lauriminodipropionate Tocopheryl Phosphate.

6. The composition of claim 1, where the composition comprises from 0.1% to about 20% of the water-soluble Vitamin E derivative.

7. The composition of claim 1, where the composition comprises from 0.1% to about 10% of the water-soluble Vitamin E derivative.

8. The composition of claim 1, where the carrier further comprises a cosmetic ingredient.

9. The composition of claim 1, where the composition has a pH from 4.8 to 8.2.

10. The composition of claim 1, where the composition has a pH from 5.6 to 7.9.

11. A method of enhancing the natural rate of mammalian skin exfoliation comprising topically applying to the skin a composition comprising from 0.05% to about 30% of a Vitamin E derivative having beta-alanine functionality and a carrier comprising water, where the composition has a pH from about 4.5 to 9.

12. The method of claim 11, where the composition comprises from 0.1% to about 10% of the Vitamin E derivative having beta-alanine functionality.

13. The method of claim 11, where the Vitamin E derivative having beta-alanine functionality includes a Disodium Lauriminodipropionate Tocopheryl Phosphate.

14. The method of claim 11, where the composition further comprises a cosmetic ingredient.

15. The method of claim 11, where the composition has a pH from 4.8 to 8.2.

16. The method of claim 11, where the composition has a pH from 5.6 to 7.9.

17. The method of claim 11, where the natural rate of skin exfoliation is accelerated by at least 10%.

18. The method of claim 11, where the natural rate of skin exfoliation is accelerated by at least 15%.

19. The method of claim 11, where sting % is reduced by at least 25% in relation to that achieved with an exfoliating acid having a pKa of 4.0 and below.

20. The method of claim 11, where sting % is reduced by at least 50% in relation to that achieved with an exfoliating acid having a pKa of 4.0 and below.

21. The method of claim 11, where the natural rate of skin exfoliation is accelerated by at least 10% and sting % is reduced by at least 25% in relation to

that achieved with an exfoliating acid having a pKa of 4.0 and below.

22. The method of claim 11, where the natural rate of skin exfoliation is accelerated by at least 20% and sting % is reduced by at least 50% in relation to that achieved with an exfoliating acid having a pKa of 4.0 and below.

23. The method of claim 11 where the composition is formulated as a solution, gel, lotion, cream, or ointment.

24. The method of claim 11 where the topical application is on at least a daily basis.

25. A method of improving the texture of mammalian skin comprising topically applying to the skin a composition comprising from 0.05% to about 30% of a water-soluble Vitamin E derivative selected from the group consisting of Sodium Vitamin E Phosphate, Lauryl Imino Dipropionic Acid Tocopheryl Phosphate, Tocopheryl Glucoside, Tocopheryl Succinate, Tocophersolan (Tocopheryl Polyethylene Glycol 1000 Succinate), Vitamin E derivatives having beta-alanine functionality, Tocophereth-5,10,12,18, and 50, and mixtures thereof and a carrier comprising water, where the composition has a pH from about 4.5 to 9.

26. The method of claim 25, where the Vitamin E derivative having beta-alanine functionality includes a Disodium Lauriminodipropionate Tocopheryl Phosphate.

27. The method of claim 25, where the composition has a pH from 5.6 to 7.9.

28. The method of claim 25, where the natural rate of skin exfoliation is accelerated by at least 15%.

29. The method of claim 25, where sting % is reduced by at least 25% in relation to that achieved with an exfoliating acid having a pKa of 4.0 and below.

30. The method of claim 25 where the composition is formulated as a solution, gel, lotion, cream, or ointment.

31. A method of refinishing mammalian skin comprising topically applying to the skin a composition comprising from 0.05% to about 30% of a water-soluble Vitamin E derivative selected from the group consisting of Sodium Vitamin E Phosphate, Lauryl Imino Dipropionic Acid Tocopheryl Phosphate, Tocopheryl Glucoside, Tocopheryl Succinate, Tocophersolan (Tocopheryl Polyethylene Glycol 1000 Succinate), Vitamin E derivatives having beta-alanine functionality, Tocophereth-5,10,12,18, and 50, and mixtures thereof and a carrier comprising water, where the composition has a pH from about 4.5 to 9.

32. The method of claim 31, where the Vitamin E derivative having beta-alanine functionality includes a Disodium Lauriminodipropionate Tocopheryl Phosphate.

33. The method of claim 31, where the composition has a pH from 5.6 to 7.9.

34. The method of claim 31, where the natural rate of skin exfoliation is accelerated by at least 15%.

35. The method of claim 31, where sting % is reduced by at least 25% in relation to that achieved with an exfoliating acid having a pKa of 4.0 and below.

36. The method of claim 31 where the composition is formulated as a solution, gel, lotion, cream, or ointment.